

# The Well Loved Recipe

Recipe provided by Sue Scott of Smart Start Meals



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## "Very Good Salad"

*This salad lives up to its name! We had this at a friend's dinner party over 15 years ago and scribbled down the recipe on a sticky note. It has been well used and loved ever since!*

- ½ c slivered almonds
- 1 ½ tbsp sugar

Sautee over medium heat stirring often until sugar has melted and almonds are candied. Set aside and allow to cool.

- 1 head romaine lettuce, chopped or torn
- 1 head iceberg lettuce, chopped or torn
- 1 bunch green onions, diced
- 2 stalks celery, sliced
- 1 can mandarin oranges, drained

Toss ingredients in a large salad bowl.

## DRESSING

- ¼ c oil
- 2 tbsp sugar
- 2 tbsp vinegar
- 2 tsp soy sauce
- 1 tsp parsley

Combine in a sealable container and shake well to mix. Just before serving, pour dressing over salad, add the candied almonds and toss.

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